

Activities and events

for young people

considering their future



Part of the
**National Collaborative
Outreach Programme**



Opening up a world of opportunity

The WIN

The WIN (Wessex Inspiration Network) is one of twenty-nine Consortia funded by the OfS (Office for Students) through its National Collaborative Outreach Programme (NCOP), to improve progression to Higher Education (HE).

The OfS analysed data about progression to Higher Education (HE) from all wards in the country and found that, in some wards, fewer students take up HE courses compared to other areas with similar GCSE results.

The WIN area covers specific wards in BANES, North Somerset and Wiltshire and works in partnership with local schools and colleges to improve the progression rate of students in Years 9- 13, from those wards.

Benefits of engaging with the WIN

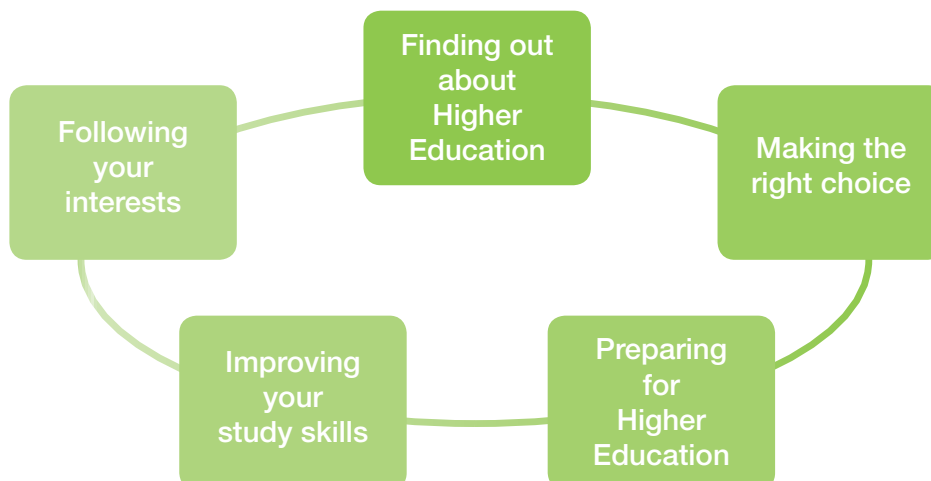
- Additional 1:1 careers advice for identified students
- Whole-school provision of HE information and awareness activities
- Demonstrates a positive and proactive approach to destination outcomes as expected by OFSTED
- Provides bespoke information for parents/ carers about higher education
- Access to the WIN programme of activities

Our HE Advisers, WIN Project Officers and delivery partners offer a range of activities, events and trips suitable for students in Years 9-13, which are detailed in this pack, adapted appropriately for each year group.



5 Strands of WIN

The WIN programme is structured into five strands. These aim to complement and enhance your curriculum in supporting young people, when considering their options and exploring whether Higher Education may suit them.



Finding out about Higher Education	Making the right choice	Preparing for Higher Education	Improving your study skills	Following your interests
WON: How Higher Education can help with your career aspirations (Yr 9)	Careerpilot sessions: - Careerpilot 1:1 advice and guidance session - Careerpilot sessions (Tutor group workshop) - Parent session: Careerpilot workshop	- Networking skills - Interview skills - CV writing skills - My social media identity - Understanding healthy relationships - Developing mindfulness techniques - Managing personal finance - Annual WIN Residential for Yr 12 WIN cohort students	- Revision techniques - Research and Referencing Skills - Writing for exams – understanding the success criteria - Understanding success criteria for assessments - Dealing with exam stress	Enhancing subject engagement e.g. trips and enrichment activities)
WON: University – the nuts and bolts (a myth-busting session) (Yr 10 +11)	HEA 1:1 mentoring 1 to 1 check in/ on track sessions with HE Adviser			Subject taster workshops (on HE campuses and in house)
WON: Other Higher Education options (Yr 10 + 11)	Futures Day events: At University of Bath campus / in house			Accessing the professions
WON: Parent session – what are the Higher Education options	UCAS application support			
WON: Higher Education – Being in the know	UCAS Fairs			
University campus visits	WON: How to make your post-16 choices (Yr 11)			
	Preparing for a work placement			

WIN Programme

The following is a list of options, offered to your school/ college by year group:

Year Group	Session title	WIN strand	Session selected (tick)	Date session planned
Year 9	WON: 'How Higher education can help with your career aspirations'	Finding out about HE	☐	_____
	WON: Parent session – 'What are the Higher Education options'	Finding out about HE	☐	_____
	Careerpilot sessions (Tutor group workshop)	Making the right choice	☐	_____
	HEA 1:1 mentoring	Making the right choice	☐	_____
	Year 9 Annual Futures Day event (GCSE choice)	Making the right choice	☐	_____
	Personal Development workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	Employability workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	WIN support with subject enrichment trips	Following your interests	☐	_____
	Bespoke subject taster workshops	Following your interests	☐	_____

Year 10	WON: 'University – the nuts and bolts (a myth-busting session)'	Finding out about HE	☐	_____
	WON: 'Other Higher Education options'	Finding out about HE	☐	_____
	WON: Parent session – 'What are the Higher Education options'	Finding out about HE	☐	_____
	Careerpilot 1:1 advice and guidance session	Making the right choice	☐	_____
	Careerpilot sessions (Tutor group workshop)	Making the right choice	☐	_____
	Parent session: Careerpilot workshop	Making the right choice	☐	_____
	HEA 1:1 mentoring	Making the right choice	☐	_____
	Personal Development workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	Employability workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	WIN support with subject enrichment trips	Following your interests	☐	_____
	Bespoke subject taster workshops	Following your interests	☐	_____
	Study Skills workshops (see list of enclosed workshops)	Improving your study skills	☐	_____
	University campus visits	Finding out about HE	☐	_____
	WIN support to attend UCAS fairs	Making the right choice	☐	_____
	Accessing the professions events at University of Bath and Bath Spa University (speak to HEA)	Following your interests	☐	_____

Year Group	Session title	WIN strand	Session selected (tick)	Date session planned
Year 11	WON: 'University – the nuts and bolts (a myth-busting session)'	Finding out about HE	☐	_____
	WON: 'Other Higher Education options'	Finding out about HE	☐	_____
	WON: Parent session – 'What are the Higher Education options'	Finding out about HE	☐	_____
	WON: How to make your post-16 choices	Making the right choice	☐	_____
	Careerpilot 1:1 advice and guidance session	Making the right choice	☐	_____
	Careerpilot sessions (Tutor group workshop)	Making the right choice	☐	_____
	Parent session: Careerpilot workshop	Making the right choice	☐	_____
	HEA 1:1 mentoring	Making the right choice	☐	_____
	Personal Development workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	Employability workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	WIN support with subject enrichment trips	Following your interests	☐	_____
	Bespoke subject taster workshops	Following your interests	☐	_____
	Study Skills workshops (see list of enclosed workshops)	Improving your study skills	☐	_____
	University campus visits	Finding out about HE	☐	_____
	WIN support to attend UCAS fairs	Making the right choice	☐	_____
	Accessing the professions events at University of Bath and Bath Spa University (speak to HEA)	Following your interests	☐	_____
Year 12	WON: Parent session – 'What are the Higher Education options'	Finding out about HE	☐	_____
	WON: 'Higher Education – being in the know'	Finding out about HE	☐	_____
	Careerpilot 1:1 advice and guidance session	Making the right choice	☐	_____
	Careerpilot sessions (Tutor group workshop)	Making the right choice	☐	_____
	Parent session: Careerpilot workshop	Making the right choice	☐	_____
	HEA 1:1 mentoring	Making the right choice	☐	_____
	Year 12 University of Bath Residential (over Summer break)	Preparing for HE	☐	_____
	Personal Development workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	Employability workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	Study Skills workshops (see list of enclosed workshops)	Improving your study skills	☐	_____
	WIN support with subject enrichment trips	Following your interests	☐	_____
	University campus visits	Finding out about HE	☐	_____
	Bespoke subject taster workshops	Following your interests	☐	_____
	WIN support to attend UCAS fairs	Making the right choice	☐	_____
	UCAS – 'Get started with your Personal Statement'	Making the right choice	☐	_____
	Accessing the professions events at University of Bath and Bath Spa University (speak to HEA)	Following your interests	☐	_____
Year 13	WON: Parent session – 'What are the Higher Education options'	Finding out about HE	☐	_____
	WON: 'Higher Education – being in the know'	Finding out about HE	☐	_____
	Careerpilot 1:1 advice and guidance session	Making the right choice	☐	_____
	Careerpilot sessions (Tutor group workshop)	Making the right choice	☐	_____
	HEA 1:1 mentoring	Making the right choice	☐	_____
	Personal Development workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	Employability workshops (see list of enclosed workshops)	Preparing for HE	☐	_____
	Study Skills workshops (see list of enclosed workshops)	Improving your study skills	☐	_____
	WIN support with subject enrichment trips	Following your interests	☐	_____
	University campus visits	Finding out about HE	☐	_____
	Bespoke subject taster workshops	Following your interests	☐	_____
	WIN support to attend UCAS fairs	Making the right choice	☐	_____
	UCAS – 'Get started with your Personal Statement'	Making the right choice	☐	_____
	Accessing the professions events at University of Bath and Bath Spa University (speak to HEA)	Following your interests	☐	_____

Employability sessions

Networking skills

The aim of this session is to introduce students to the importance of networking, as a mechanism for opening up opportunities for education, employment and social activities. We will explore the benefits of networking, where it happens and begin to develop student's skills by producing a summary of self and identifying some golden rules. It is a fun and engaging session which uses group work and drama techniques to embed learning.

Interview skills

This practical and experimental session will equip students with an insight into how to prepare for and present themselves at interview. By participating in a series of learning activities and having the opportunity to practice, this session will develop participant's confidence to both understand the interview process and perform well.

Preparing for a work placement

The aim of this session is to prepare students for a successful work placement. We will explore communication skills for the workplace, how to present professionally and how to manage any challenges. In addition, we will support students to produce SMART objectives for their placement, while being clear about their role and responsibilities.

My social media identity

This session will invite students to explore the benefits and risks of the digital world, and encourage their critical thinking about online life and their digital footprint. Through a series of group work activities, students will reflect on their current online activity and consider the impact on their future selves and professional profile.

CV Writing skills

A good CV is essential for gaining employment and accessing work experience opportunities and can also provide the basis for UCAS personal statements. This session will equip students with a professionally recognised template to begin producing an outstanding personal CV. We will provide guidance on the layout of a CV, appropriate content and writing style and support students in small groups to map their skills, personal qualities and experience.

Specific activities

We can offer tailor-made sessions for your students, to help overcome specific barriers to life in Higher Education. Please speak to your HE Advisor for more information.

Personal Development sessions

H.E.althy relationships

Meeting new people and making friends is an important part of university life. The WIN H.E.althy Relationships sessions identify the positive behaviours and qualities of a healthy relationship, while recognising unhealthy behaviours. We will explore the importance of consent and communication, through a series of small group work activities, in a safe and positive learning environment.

My teenage brain

As well as being a critical period for education, adolescence is a time of physical and emotional transition. The WIN session 'My Teenage Brain' aims to enable students to better navigate this time of life. It explains the main changes in the brain and how they impact on feelings and behaviours as well as encouraging students to develop their own strategies to manage this important transition from child to adult. This session is aimed at students, staff and families.

Using mindfulness to improve access to HE

This session introduces the practice of mindfulness to students in a relaxed and accessible way. Starting with a bitesize tour of the brain, we encourage students to recognise how stress presents in the body and mind. We explore the benefits of practising mindfulness for personal wellbeing and practice a variety of mindfulness techniques to improve access to HE.

Managing personal finance

Personal finance skills are very important to young people as they become independent. This session presents students with the opportunity to learn the basics of financial language, income and expenditure. Through a series of e-learning, individual and group-work tasks, students will gain the skills to produce a budget both for their current status and for their future selves (living and working independently, while away at University; whether living away or living at home).

Plan B – What if I don't get the grades?

This session combines information about the range of options available if students do not initially meet their academic goals. We will introduce strategies to address the emotional impact of this change. The aim is to lower anxiety around what happens next and empower the student to make informed progression choices. These sessions look at new ways of approaching challenging situations, present evidence-based coping methods and encourage the development of problem solving and research skills.

Specific activities

We can offer tailor-made sessions for your students, to help overcome specific barriers to life in Higher Education. Please speak to your HE Advisor for more information.

Study Skills sessions

Writing for exams - understanding the success criteria

This session looks at how to improve performance during exams. It aims to enhance student's understanding of success criteria and how to answer questions appropriately (using Bloom's taxonomy model). Students will have the opportunity to explore how to recognise key command words in an exam context, and how to interpret the language used to tackle higher level questions.

This session will provide useful resources and handouts for students, which support the development of writing skills, for exams and assignments.

Revision techniques

This session aims to further equip students with organisational and time management skills. Students will learn how to create a SMART revision timetable addressing challenging subject topics first, and incorporating a range of revision techniques within their revision plan.

Research and referencing skills

This session will enhance a student's ability to use a variety of research and referencing skills when writing assignments. The key areas covered in this practically-led session include how to acknowledge sources and the use of referencing to substantiate a line of thinking and develop a conclusion.

Dealing with exam stress

A workshop which supports students to develop skills to overcome thoughts which can hijack their revision and general study. In a safe and exploratory session we address shared anxieties and introduce mindfulness techniques to help calm exam nerves.

Specific activities

We can offer tailor-made sessions for your students, to help overcome specific barriers to life in Higher Education. Please speak to your HE Advisor for more information.

Careerpilot and the offer to WIN students: careerpilot.org.uk

Careerpilot is a one stop, free, impartial, website that helps 13—19 year olds make informed decisions about their future by providing information on all choices and on job sectors/jobs.

It is an integral part of the offer to targeted WIN students in our WIN schools.

WIN target students (from target wards with the potential for 5 GCSEs grade 4-9) in Yr 10, 11, 12 and 13, will be able to benefit from a one hour, individual or paired session with an experienced Adviser, from the Careerpilot Central Team, every year of the WIN project (each school receives an allocated amount of sessions).

All WIN students will register on Careerpilot and be supported to complete the interactive Career Tools, which include:

- My Qualifications
- My Job sectors and jobs
- My Providers
- Pre 16 Skills Map
- HE Skills Map
- My Next Steps

Which leads to an individual report the students can view/download or schools/colleges can view from the Reporting Zone

The Careerpilot Adviser will record the discussion they have with young people and create an action plan.

This will be added to the student's report. Reports can be accessed by the student and tutor/careers adviser .

Year 10

Explore Future Options

Paired session. 2 students each with a computer, (for one hour), using Careerpilot.

Year 11

Detailed Planning for post 16

One to one session at a computer, (for one hour), using Careerpilot

What the Careerpilot Adviser will do:

In a paired session the adviser will take the WIN student through Careerpilot and the Career Tools so they can explore options for post 16 and post 18. They can start thinking about and recording their post 16 option choices and the pathways of interest, job sectors, qualifications, Pre 16 Skills Map.

By the end of the session they will have a report with action points.

What the Careerpilot Adviser will do:

Students will be able to explore job sectors and jobs in detail to help when planning which qualifications to do and post 16 destinations.

Students will be able to add to the Pre 16 Skills Map to identify the skills they have. Students will start to identify their first choice and back-up options and explore where these could lead in the future including exploring the many higher education pathways. They will have a detailed report with action points plan.

Year 12

Explore post 18 options

One to one session at a computer, (of one hour), using Careerpilot

What the Careerpilot Adviser will do:

Help the students start investigating post 18 options including the many routes and courses in higher education and help them record their preferences through the Career Tools activities.

Provide support to start more detailed exploration of job sectors/courses of interest or how to 'stay broad' if not sure.

Support the student in using HE Skills Map and help them evidence the skills they already have that will be useful in studying in HE and in the work place. This process will support writing the personal statement for UCAS applications.

Year 13

Prepare for progression

One to one session at a computer, (of one hour), using Careerpilot

What the Careerpilot Adviser will do:

Help students to plan for progressing to their post 18 options. This could include:

Review of current qualifications, options and plan for post 18.

Address any barriers or challenges to the career plan and discuss a plan B. Signpost the students to help with personal statements, open days, funding, etc.

Update of HE Skills Map based on any new experiences. This could include a focus on which specific skills may be required in a specific job/course.

Signposting funding/ sponsorship/ scholarships.

"Would highly recommend this to friends and family members looking to go through the same process."

"Amazing. This site makes you understand so much more about your options and a better understanding of higher education. Extremely useful."

Additional Careerpilot offer to WIN schools

Workshop Sessions for year groups: Each school will receive an allocation of time for the Central Careerpilot Team to run workshop sessions in an IT room with a whole year group, on a carousel.

Parents Y10 - 13: Each school will receive an allocation so the Central Careerpilot Team can work with parents of targeted WIN students, which could include:

- A hands on session so parents become familiar with Careerpilot and all the options for students, including funding, etc.
- Provide slides for use as part of a bigger presentation.
- Small group or individual sessions for parents of NCOP students following 1:1 sessions.

Staff Training: Each WIN school can access free Careerpilot training for teachers/tutors

- Sessions must be in an IT suite, be at least 45 minutes long for at least 5 staff and can be designed for a specific Key Stage or the whole staff team.

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WON Assemblies

KS3, Introduction to University

An assembly aimed at years 7 & 8 to introduce the basics of university in an engaging and fun way

KS4, The Higher Education Options

Explore and compare the different Higher Education options

KS4, How to make you post-16 choices (Year 11)

An assembly aimed at Year 11 students to help them think about how their post-16 choices can impact their future HE choices

KS5, Being in the Know

Practical information covering the basics of what you need to know and how to prepare for Higher Education

Parents, The Higher Education Options

An opportunity for parents to learn about all of the HE pathways

WON Workshops

KS3

How can Higher Education help with your career aspirations?

Explore different careers and jobs and try to understand what HE routes could help achieve these aspirations

KS5

UCAS & Personal Statements

An overview of the UCAS process and offering hands-on advice and feedback on personal statements

KS4

University – the nuts and bolts

Demonstrate how university is different to school and overcome common university misconceptions

KS4

Other Higher Education Options

Explore the different qualification and Higher Education routes as alternatives to a standard degree at university