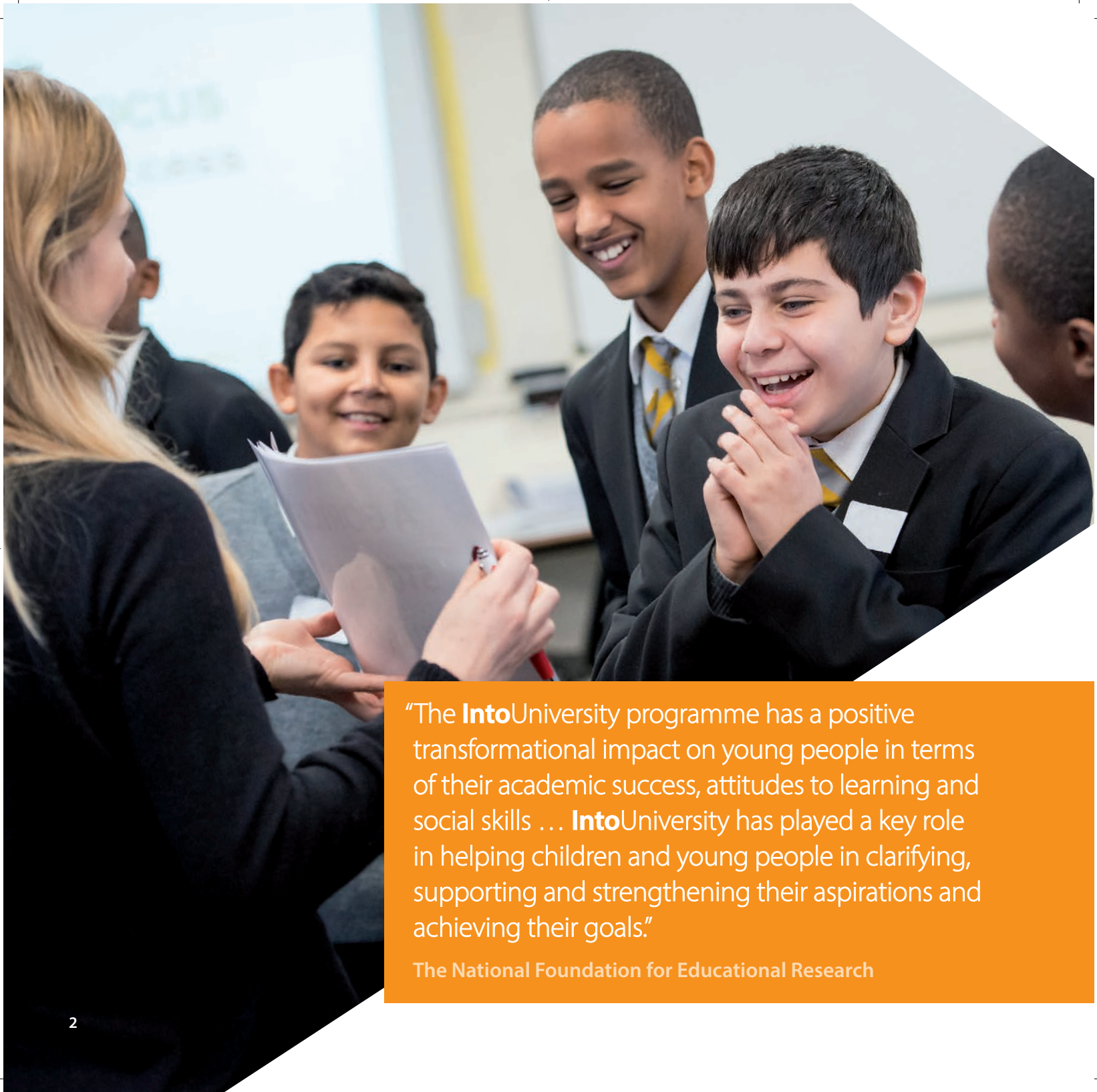


Programmes for your school or college

Supporting aspiration, achievement and access
to Higher Education and future careers.



IntoUniversity 



“The **Into**University programme has a positive transformational impact on young people in terms of their academic success, attitudes to learning and social skills ... **Into**University has played a key role in helping children and young people in clarifying, supporting and strengthening their aspirations and achieving their goals.”

The National Foundation for Educational Research

Introduction

IntoUniversity offers schools a free programme of educational activities which support students' aspirations and attainment and develop key academic and social skills that promote success at school and beyond. Working in partnership with universities and businesses, we deliver our programme either in your school, at a corporate partner or at your local **Into**University learning centre.

Where are
our programmes
delivered?



In the classroom

Secondary FOCUS Workshops
Buddy
Careers in FOCUS

Your local IntoUniversity centre, corporate partner or a University

Buddy Trip
Business in FOCUS
Careers in FOCUS
Leadership in FOCUS
A Day of University Life

After school or during the school holidays

Academic Support
Mentoring
Holiday FOCUS
Enrichment Opportunities

A group of students in school uniforms are forming a human pyramid. The student at the top is a young Black woman with braided hair, smiling. Below her, other students' hands and arms are visible, supporting her. The background is slightly blurred, showing an indoor setting.

IntoUniversity Programmes during the school day

PROGRAMMES DURING
THE SCHOOL DAY



PROGRAMMES
DELIVERED AT SCHOOL

Secondary FOCUS Workshops

What is it about?

These workshops provide a cohort of 30 students in each year group with a minimum of 2 workshops a year relevant to the different stages of their school journey. Each workshop develops skills and knowledge which support students to fulfil their educational and career ambitions.

Which students?

We ask school partners to pick students who meet our criteria – for example pupil premium. Rather than selecting students already performing above the average for their year group, we ask that you identify students who are at risk of falling behind or not reaching their potential and/or students for whom an additional intervention may make a difference to their success.

When does it take place?

Workshops are normally 2 hours and take place during the school day. The scheduling of workshops will be arranged between you and your local **Into**University centre.

Who delivers the workshops?

The planning and delivery of all workshops is completed entirely by our trained and experienced **Into**University team. We aim to have a high staff to student ratio to ensure that the learning environment is positive and productive. Students also receive an **Into**University portfolio so that they can record their targets, progress and achievements.

IntoUniversity works with over

2000

Secondary Schools

“A first-class, five-star, educational experience for students and staff. Outstanding and really enjoyable.”

Director of Sixth Form and Assistant Headteacher
Hackney New School, London

PROGRAMMES DURING
THE SCHOOL DAY



PROGRAMMES
DELIVERED AT SCHOOL

Secondary FOCUS Workshops

Year	Workshop	Learning and skills
7	Workshop 1 Choosing Success	Understanding the skills required to make a successful transition into secondary school and setting personal development targets.
	Workshop 2 Becoming an Independent Learner	Learning personalised and effective strategies for managing and completing homework to a high standard.
8	Workshop 3 Maximising Memory: Revision & Learning Techniques	Exploring a number of engaging learning and revision techniques to improve student confidence with lesson content.
	Workshop 4 Pathways to Success: Choosing Your Options	Understanding how GCSE options impact on educational and career pathways.
9	Workshop 5 Transferable Skills and Careers	Connecting learning and skills with future career possibilities.
	Workshop 6 Introduction to University Life	Myth busting and exploring topics such as university courses, where to study and student finance.
10	Workshop 7 Entrepreneurship	Exploring what makes entrepreneurs successful and how to apply these characteristics to our own lives.
	Workshop 8 Communication in the Workplace	Practise different methods of communication to boost employability including application writing and interview technique.
11	Workshop 9 Education Choices Beyond 16	Identify the different post-16 options and how they impact on future education and career opportunities.
	Workshop 10 Higher Education Beyond 18	Look at why university could be a good investment for the future, learn about the different routes into Higher Education and cover topics such as accommodation and societies.
Any Year Group	Day of University Life	A full day trip to a university. Experience the university environment: meet real students, tour the campus and complete a range of informative and inspiring activities.
Post 16 School or College to select a minimum of two workshops per year for each year group		
Post 16	Independent Learning	Identify and practise different independent learning techniques crucial for university and explore how these can be applied to Sixth Form/college studies.
	Writing Personal Statements /UCAS	Reflect upon skills, experience and aspirations, and how these relate to university courses and can be communicated in writing.
	Alternative Pathways	Students will learn about alternative pathways to university that do not fall under traditional routes and have the opportunity to research different routes that might be suited to them.
	One to One Personal Statement Support	Students will have one-to-one appointments with Into University staff to help develop their personal statement.
	Skills for the Future	Prepare for the social and academic transition to university/other chosen aspiration by looking at independent living skills, networking, university learning styles and building learning power.
	Student Finance & Budgeting	Students are introduced to Student Finance, covering the support that is available to them, the application process and additional support such as grants and bursaries.
	Revision & Exam Technique	Students will have the opportunity to practise different revision techniques and reflect on where they can make changes to their lifestyle to maximise their potential.
	Employability	This workshop will prepare students for future work experience and employment. It will focus on CV writing, interview techniques and communication and etiquette in the workplace.

PROGRAMMES DURING
THE SCHOOL DAY

PROGRAMMES
DELIVERED AT SCHOOL

PROGRAMMES DELIVERED
AT A UNIVERSITY

Buddy Year 8

What is it about?

A two-part programme enhancing students' understanding of university life. On day one pupils enjoy a 3 hour subject-based workshop which develops their knowledge of a degree subject. Examples include Medicine and Engineering. On day two young people spend the day at one of our partner universities and are supported in a workshop and on a campus tour by university student 'buddy' volunteers. Visiting a university, meeting undergraduates and participating in degree-based workshops inspires the students and helps them to view university as a tangible future goal.



"Over the course of two days the students were paired with university student volunteers, who supported our young people in sessions designed to enhance their understanding of university life. Our students took part in workshops and engaged in hands-on activities to develop their knowledge of a specific university subject, giving them an inspiring taste of what university is really like. This was one of the best off-site trips I have ever taken students to."

Careers Guidance Manager,
Cardinal Pole Catholic School, London





Leadership in FOCUS

Year 9–11

What is it about?

A three-day programme teaching leadership skills and raising aspirations, self-esteem and motivation. Students participate in a variety of team challenges and individual self-reflections that also develop teamwork, communication and negotiation skills. At the end of the programme, students set themselves challenging but achievable life goals.

“We ... sent a group of Year 9 boys on Leadership in FOCUS ... and received excellent feedback from both teachers and students. The course does exactly what it says – it teaches students leadership skills and also gets them to focus on what they have to offer. Students come back with a much more positive attitude to education and their own future, so for us as a school it’s about re-engaging students and ensuring they don’t lose their way.”

Deputy Head Teacher, Archbishop Tenison School, London



PROGRAMMES DURING
THE SCHOOL DAY



PROGRAMMES DELIVERED
AT A CORPORATE PARTNER

Business in FOCUS

Years 9 – 11

What is it about?

A one-day programme where students work on a shared task with **Into**University staff and volunteers from our corporate partners. Students enjoy a high-impact, fast-paced, informative and 'hands-on' work simulation and gain something distinctive for employers and universities to see on their CVs.

When does it take place?

Business in FOCUS takes place at a corporate office and our partners include Channel 4, AirBnB, Goldman Sachs, Speedo and Mills and Reeve law firm.

“Engaging, challenging, multi-dimensional, relevant and motivating activity, with scope for different skills – something for everyone.”

Teacher, Co-operative Academy, Leeds

“The pupils and I would very much like to thank you for an engaging and enlightening day. We always look forward to the Business in FOCUS workshops, as the hands-on experience, high-pressured and fast-paced day brings out the best in our pupils.”

Pastoral Assistant, Platanos College, London





IntoUniversity
Programmes after
school or during
the school holidays



"Before today I didn't think I wanted to go to university, but I've changed my mind. I now want to go!"

Secondary student

Academic Support Years 7–13

What is it about?

Weekly sessions of focused academic study after school. Students are supported with their homework, coursework and examination revision or work on structured academic enhancing activities such as Independent Learning Projects. Students will also have the opportunity to apply for our mentoring and work experience programmes.

“Academic Support is having a very positive impact on some of our most hard to reach students. The high-quality personalised support they receive in this caring environment has transformed their attitude to school. They have become independent learners who challenge themselves, rather than challenging us!”

Community Manager, Arts and Media School Islington, London



PROGRAMMES DURING
THE SCHOOL DAY

PROGRAMMES
DELIVERED AT SCHOOL

PROGRAMMES DELIVERED
AT A CORPORATE PARTNER

Careers in FOCUS

Years 9–11

What is it about?

An intensive programme of talks and workshops introducing students to different career options. **Into**University staff and volunteers from a wide range of professions lead hands-on workshops about their career pathway, offering students an opportunity to deepen their understanding of the working world and gain knowledge of the skills and qualifications they need to pursue their ambitions.



“The careers programme has given our students an insight into a range of careers they had previously never heard of. They’ve been able to become investment bankers for the day, explore what it’s like to be a lawyer and even create their own advertising campaign as a brand manager. They’ve learnt a vast amount and developed their confidence and presentation skills. Thank you for such a brilliantly organised, well-staffed, unique programme for our students, we can’t wait until next year.”

Careers Guidance Advisor, The South Leeds Academy, Leeds



Holiday FOCUS

Years 7–13

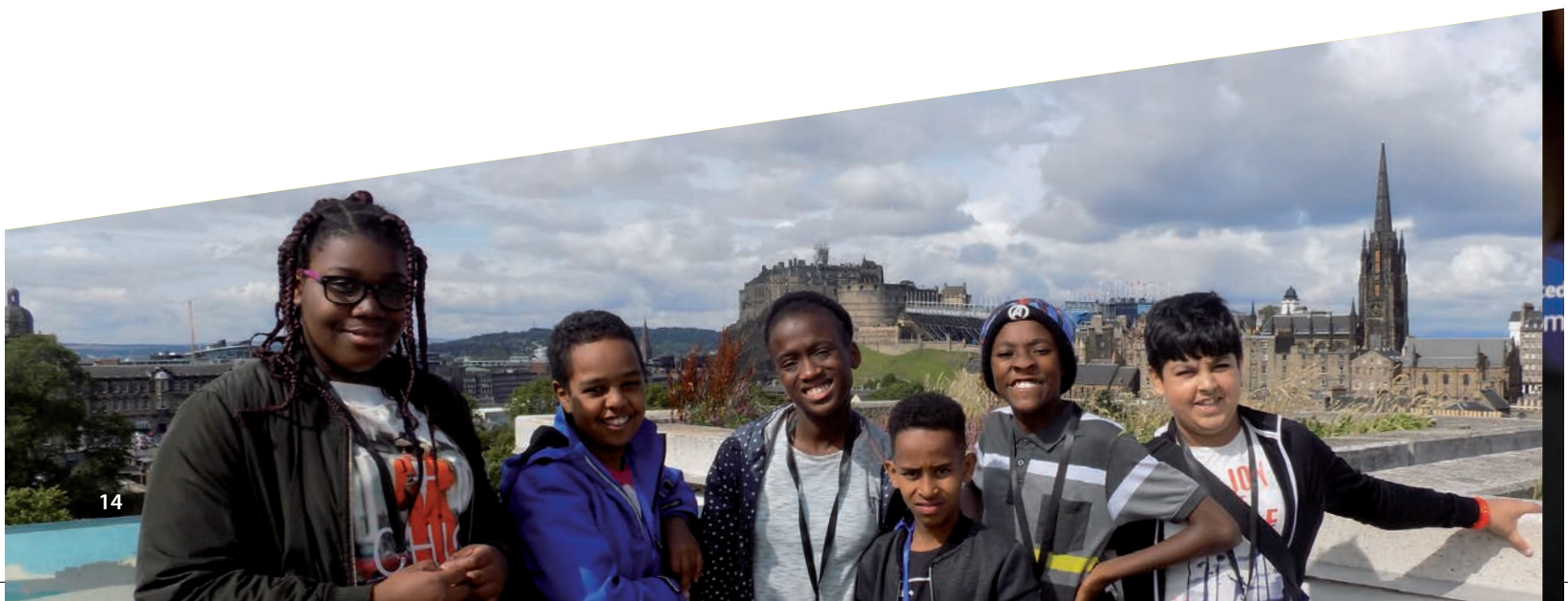
What is it about?

Three and five-day programmes in the school holidays focusing on future pathways and careers. Students meet professionals, participate in activities at inspiring workplaces and visit cultural landmarks.

We also provide bespoke revision sessions for students in Years 11 – 13 with specialist tutors on hand.

“The Medicine Holiday FOCUS Week I attended gave me a unique insight into the range of careers and opportunities available to me within the field. I was able to meet top professionals, visit leading scientific organisations and institutes and explore one of the world’s top universities. The week was inspiring and motivational!”

Year 11 Student, Haggerston School, London



Student Enrichment Years 10–13

What is it about?

IntoUniversity provides a range of bespoke one-off opportunities, from work experiences to paid internships to overseas challenges to university summer schools. Most opportunities are only available through **Into**University and some lead to contextual university offers or paid employment.

This programme provides students with access to top quality and impactful extra-curricular and networking opportunities which stand out on their CV/UCAS form.

Our partners include Buckingham Palace, BlackRock, Outward Bound Canada, UBS and the universities of Bristol and Oxford ('Insight into Bristol', '**Into**Oxford').



"Being part of Big City, Bright Future for 3 weeks was the best experience I have had. The atmosphere was exhilarating and professional!"

Year 13 Student, Billborough College, Nottingham

"The 23 days I spent in Canada has been the best few weeks of my life. I will never forget it. It has also been the most challenging experience of my life, both emotionally and physically. Overall, it was the scariest but most thrilling trip of my life."

Year 11 Student, Abbey Grange Academy, Leeds



For further information on
our programmes for your school
or college please contact us:

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IntoUniversity 

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